

# Prostate Pleasure Questionnaire Results

by Liberty

**Thanks to all who participated,  
I'm able to present these results to you.**

- **Last year I handed out approximately 100 questionnaires to various populations, I received an overwhelmingly positive verbal response. Approximately 5 people commented that this is a topic they explore professionally, or research. Few of those who wanted to mail or E-mail them in actually returned them, but I did receive 47 personally. They are filled out to various degrees: some minimally, others with much detail. I've learned much in the process and when I do the next round of questionnaires, I'll have more topics to cover.**
- **I'm Liberty. I'm a Prostate Pleasure activist and I'm pleased to present these questionnaire results to you.**

**The overall goal of the questionnaire is to gather diversity of sexual experience and preference, Especially in regards to the prostate, 'female' ejaculation and other underexplored realms of sexuality.**

- **The main topics explored and the names of the six sections of the questionnaire are:**
  - 1) **Prostate/G-Spot Health,**
  - 2) **Genital mutilation/Body modification,**
  - 3) **Prostate/G-Spot Pleasure,**
  - 4) **'Female' Ejaculation,**
  - 5) **'Female' Erectile tissue/Internal**
  - 6) **'finishing up' (where people added what they wanted.)**

# The Subject Tonight Is Love

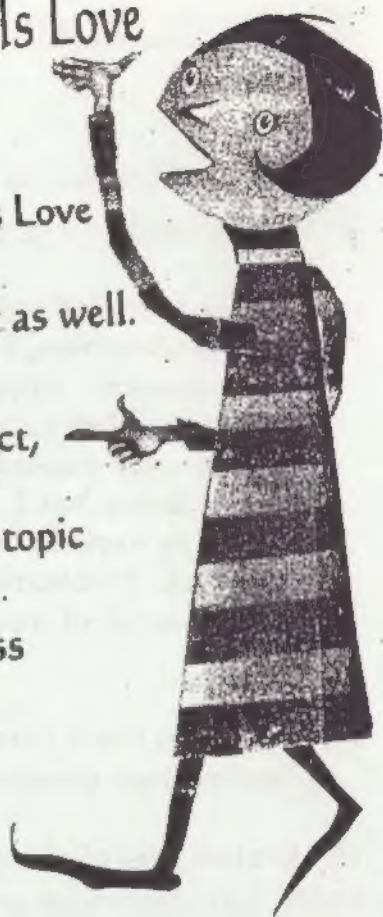
The subject tonight is Love  
And for tomorrow night as well.

As a matter of fact,  
I know of no better topic

For us to discuss

Until we all

Die!



▲ Two male Botos, a younger and an older individual who are sexually involved with one another, swimming side by side while touching.

This is an anonymous questionnaire. I am gathering data for a zine  
 on Prostate/ G-Spot pleasure. For more information, contact me.

-liberty-prostate\_pleasure@yahoo.com

Please circle all that apply, fill out all you can, elaborate and skip questions as you  
 wish. Any & all information is appreciated. Have a good time!

#### ---PART 1---ON PROSTATE/G-SPOT HEALTH:

1. Have you experienced any health problems with your Prostate/G-Spot? Y/N If yes,  
 describe \_\_\_\_\_
2. Do you actively do anything to improve/maintain your Prostate/G-Spot health? Y/N  
 Massage/sex/structure/other \_\_\_\_\_
3. Do you take/inject any drugs/medicine that affects your Prostate/G-Spot/ Mammary  
 glands/Cervix/penis? Y/N What are they? How does it affect you? \_\_\_\_\_

#### ---PART 2---ON GENITAL MUTILATION AND BODY MODIFICATION:

1. Have you experienced any genital mutilation (non-consensual)? Circumcision/  
 Other \_\_\_\_\_
2. Have you experienced any genital/body modification (intentional /consensual)?  
 Piercing/pencil remanagement/surgery/hypermastia/shafilection/other \_\_\_\_\_

Has this affected your Prostate/ G-Spot pleasure? Y/N How? \_\_\_\_\_

#### ---PART 3---ON PROSTATE/ G-SPOT PLEASURE:

1. Can you find yours? Y/N \_\_\_\_\_
2. How do you describe what you have? Prostate/G-Spot/Other \_\_\_\_\_
3. Please estimate location, size, shape and texture. \_\_\_\_\_
4. Does a 'come hidden' finger motion find the area internally? Y/N \_\_\_\_\_
5. Have you experienced Prostate/G-Spot pleasure? Y/N/This isn't pleasurable for me.
6. How do you like your Prostate/G-Spot pleasure? Hands/penis/vibrator/water  
 pressure/dildo/other \_\_\_\_\_
7. How do you like to pleasure others? Prostate/G-Spot? Dildo/water pressure/  
 vibrator/ penis/hands/Other \_\_\_\_\_
8. From your experience, please describe Prostate/G-Spot pleasuring techniques. \_\_\_\_\_
9. For how long have you been experiencing Prostate/G-Spot pleasure?  
 Days \_\_\_\_\_ Months \_\_\_\_\_ How has the experience changed for you over time? \_\_\_\_\_
10. Do you feel that you need to explore this further? \_\_\_\_\_
11. How do you refer to your genitals? \_\_\_\_\_
12. In what terms do you refer to 'male' genitalia \_\_\_\_\_ 'female' genitalia? \_\_\_\_\_

#### ---PART 4---ON 'FEMALE' EJACULATION:

1. Have you experienced 'female' ejaculation? Yours Y/N... someone else's Y/N
2. How many separate times did you experience this? Once/a few times/many  
 times \_\_\_\_\_
3. Describe ejaculate appearance. Watery/crystal/urine like/varying/other \_\_\_\_\_
4. Did it come out in a: Dribble/sput/squirt/gush/flood/other \_\_\_\_\_
5. Regarding volume: \_\_\_\_\_ a drip/ \_\_\_\_\_ Tap/ \_\_\_\_\_ cup/ \_\_\_\_\_ quart/other
6. Do you find this to occur: before orgasm/during orgasm/after orgasm/varying \_\_\_\_\_
7. Was this: intentional/accidental/ohh yes/accident/usually/frequently/sometimes \_\_\_\_\_
8. Please describe specific various actions that inspire ejaculation for you/mate/other \_\_\_\_\_

#### ---PART 5---ON 'FEMALE' ERECTILE TISSUE/ INTERNAL PLEASURE:

1. Have you experienced any female erectile tissue inside the vagina? Y/N

Please describe location and attributes \_\_\_\_\_

2. Do you find pressure/stroking pleasurable/painful around/upon the clitoris? \_\_\_\_\_

#### ---PART 6---FINISHING UP:

1. Is there anything you would like to tell me regarding Prostate/ G-Spot pleasure  
 I have not asked? \_\_\_\_\_

2. Were there any questions that you found offensive/ inappropriate/ alienating? \_\_\_\_\_

I plan to include photographic & literary Prostate/ G-Spot erotica.

If you know of any artists/authors, please list them here.

Submissions are welcome, e-mail them to <prostate\_pleasure@yahoo.com>

Thank you so very much for taking the time to fill out this questionnaire.  
 If you would like to receive a copy of the zine to be completed by Spring of '06,  
 please put your address below.

Donations for production & postage welcome & appreciated.

-Liberty-



◀ A female Koala  
 mounting another female

nineteen

I accept the fact  
 that love is love,  
 though I understand it  
 not at all.

I understand  
 your belly though  
 and tulips in a jar  
 and only that  
 I'd make of you  
 exactly what you are.



## Part 1~~Prostate/G-Spot Health

- 1) Have you experienced any health problems with your Prostate/G-Spot?

~46 people responded that they have no problems with their Prostate/G-Spot, or that there are none that they know about. One person noted that "My g spot fell off". This is all that was filled out on the entire questionnaire, and no one else filled out as little. I'm not going to include it in the overall total.

- 2) Do you actively do anything to improve/maintain your Prostate/G-Spot health?

~Sex, 10

~Cranberry Juice, 1

~Masturbate, 1

~Tea-Saw Palmetto, 2:

~Kegal exercises, 1

~No, 3

~Diet, 1

- 3) Do you take/inject any drugs/medicine that affects your Prostate/G-Spot/mammary glands/clitoris?

~No, 41

~8mg Estriol, 200mg spironolactone, 200mg prometrium/daily produces female biochemistry, 1

~Injectable Testosterone...clitoris growth, 4

## Part 2~~Genital mutilation/Body Modification

- 1) Have you experienced any genital mutilation (non-consensual)?

~No, 32

~Circumcision, 13

~Hymenectomy, "Due to scar tissue, I can not be penetrated vaginally", 1

- 2) Have you experienced any genital modification (intentional/consensual)?

~No, 35

~Hormone Modification...Lower libido, 2

~Piercing...no affect, 8

~Vaginectomy, Metoidioplasty, scrotoplasty...no affect on Prostate/G-Spot, 1

4

## ANYWAY

People are unreasonable, illogical, and  
self-centered,

**LOVE THEM ANYWAY**

If you do good, people will accuse you of  
selfish, ulterior motives,

**DO GOOD ANYWAY**

If you are successful,

you win false friends and true enemies,

**SUCCEED ANYWAY**

The good you do will be forgotten tomorrow,

**DO GOOD ANYWAY**

Honesty and frankness make you vulnerable,

**BE HONEST AND FRANK ANYWAY**

What you spend years building may be  
destroyed overnight,

**BUILD ANYWAY**

People really need help

but may attack you if you help them,

**HELP PEOPLE ANYWAY**

Give the world the best you have

and you'll get kicked in the teeth,

**GIVE THE WORLD THE BEST YOU'VE GOT**

**ANYWAY**



**POSI**



**CORE**

**FOR LIFE**



# erotic stars



▲ Two male Stumptail Macaques in mutual fellatio

## ANNIE SPRINKLE

### Hands

Your hands. Seeing them.  
My skin peels like a serpent's  
from its sheath.  
Your fingers: long, river polished roots  
cooling my molten skin  
before the flow of lavation  
meets the kitchen floor.

Your hands promising  
nighttime devotion and enshrouding.  
Promising blood rhythms  
and pounding algorithms  
Promising  
the consummation of my solitude  
Promising to slip their way past  
the dissention of my lips.

Your hands promising  
an end to this starvation;  
giving me something whole to swallow.  
Your fingers lingering  
like streaks of light against my body;  
Each line vibrating with energy.

Your hands cupping, curling,  
pocketing, softening, ascending, descending,  
kneading, releasing, always moving,  
promising more.

I am not  
called  
Sprinkle for  
nothing. I  
enjoy sex  
when it is  
slurpy,  
gushy, juicy  
and wet. I  
have been  
enjoying  
ejaculating  
since long  
before it  
was called  
female  
ejaculation.  
Sometimes I  
squirt at the  
same time  
as orgasm,

and  
sometimes  
without an  
orgasm;  
however  
there are no  
better  
feelings then  
the ones I  
have when I  
ejaculate  
with a  
'megagasm'.  
For me, it's  
about  
surrender,  
peace and  
deep, deep  
satisfaction.  
I become a  
mermaid  
swimming in  
the ocean of  
erotic love. **6**



## Part 3~~~Prostate/G-Spot

### ■ 1) Can you find yours?

~Yes, 35

~No, 10

~Sometimes, 1

### ■ 2) How do you describe what you have?

~Prostate, 9

~"A spongy walnut in my ass", 1

~G-Spot, 25

~"I don't", 1

~"My Spot.", 1

~"I no longer have a vagina.", 1

~"Right there.", 1

~"N/A", 6

~"A cool little spot.", 1

### ■ 3) Please estimate location, size, shape, and texture.

~Location: "Inside & up", "Below scrotum, up inside", "A couple of inches inside my anus", "Below Penis", "Hard to find when unaroused", "Two inches inside my cunt", "On the front roof of my cunt"

~Size: "A quarter", "A Pecan", "Peanut sized", "Elongated", "Dollar coin size"

~Shape: "Cute", "Rounded shape"

~Texture: "Gristle-like", "Ridges", "Rougher than the rest", "Squishy, Spongy", "Softer than other vaginal tissue"

### ■ 4) Does a 'come hither' finger motion find the area internally?

~Yes, 35

~No, 5

~no answer, 6

### ■ 5) Have you experienced Prostate/G-Spot pleasure?

~Yes, 35

~"Yes, but weird", 1

~"Yes, But it hasn't made me come", 1

~"Yes, often too intense, it becomes a not nice pain", 1

~No, 7

~this is not pleasurable for me, 1

### ■ 6) How do you like your Prostate/G-Spot pleased?

~Dildo, 22

~Vegetables-Carrot, Zucchini, 1

~Hands (Fingers), 37

~Crystals, 1

~Fist, 2

~"Anything I can find to stick up there", 10

~Tongue, 2

~this doesn't apply to me / no answer, 8

~Penis, 14

~Vibrator, 12

~Water pressure, 5

- 7) How do you like to pleasure others' Prostate/G-Spot?
  - ~Dildo, 20
  - ~Hands (Fingers) , 35
  - ~Words, 1
  - ~Fist, 1
  - ~Tongue, 1
  - ~Penis, 13
  - ~Vibrator, 9
  - ~Water pressure, 1
  - ~Vegetables-Carrot, Zucchini, 1
  - ~Crystal lingam, 1
  - ~"Each person is different / what ever they ask for", 6
  - ~This doesn't apply to me / no answer, 3
- 8) From you experience, describe Prostate/G-Spot pleasuring techniques.
  - ~"Slow rhythmic pressure that builds, 2 finger stimulation or a vibrator on low."
  - ~"Tickling anus, then slowly sticking very lubed finger in anus."
  - ~"Pressing with my middle finger on G-Spot."
  - ~"Circling or constant rubbing on the G-Spot, some like constant pounding."
  - ~"Come-hither, and fisting w/thumb knuckle."
  - ~"Come-hither and thrusting motions w/ penis/dildo/vibrator."
  - ~"Come-hither plus a finger in the ass."
  - ~"Tons of lube, tearing is bad."
  - ~"Continuous rhythmic pressure."
  - ~"Gentle probing on the prostate through the front, and fucking his ass with my other hand/fingers/dildo. Always Gently!"
  - ~"Pressure with 2 fingers, alternating with each finger."
  - ~"Rhythmic tapping w/ increasing speed & intensity."
  - ~"Varying sex positions, penis/dildo/finger in anus, come-hither in ass while jerking off with other hand."
  - ~"Varied sexual stimulation while squeezing the kegal muscle."
  - ~"Shaking, rocking, vibrating entire pelvic bone."
- 9) For how long have you been experiencing Prostate/G-Spot pleasure
  - ~2 days, One person
  - ~6 months, 2
  - ~1 year, 2
  - ~2 years, 2
  - ~3years, 4
  - ~4 years, 5
  - ~5 years, 3
  - ~6 years, 7
  - ~8 years, 3
  - ~9 years, 2
  - ~10 years, 2
  - ~12 years, 2
  - ~15 years, 2
  - ~20 years, 2
  - ~33 years, One person



■ 10) How has the experience changed over time?

~"It's not as intense as when i was younger."

~"Now i go looking for it in others; before it was a surprise."

~"My orgasms vary with stress, orgasm type and breathing techniques."

~"The pleasure is pretty much the same."

~"More intense."

~"I can control it better."

~"My orgasms have gotten more intense."

~"More intense since Testosterone."

~"I've gotten better, I guess."

~"I had to be talked into relaxing enough to enjoy it."

~"I find that hands stimulate it better than penises."

~"Freaked out at first, but much better now."

~"It was just weird at first, but it feels really good now that I am able."

~"It gets better, and I know more what I like."

~"I'm finally @ fucking peace. Life is good when I have someone to help me on my adventure."

~"Actually, with partners, It's almost made things more difficult cuz they get intimidated by the teaching process."

~"Some partners are into it, some not."

~"I'm learning more, but slowly."

~"Not much."

~"I've gotten better after I got over being weird about ejaculation."

~"I learned i can ejaculate from hard pounding fucking of G-Spot."

~"I've found I'm better at finding my own and others."

~"It's less of a focus now than when i was younger and everything was new."

~"It took time to become used to receiving it. I had a mental block for a while."

~"At the very beginning, somewhat uncomfortable. Very useful to explore my own body and get used to the feelings and sensations inside."

~"I was scared at first, but now i long for it."

~"When I was 16-22 or so, I experimented with (G-Spot pleasure) while masturbating. I almost never do now."

~"I've gotten way more comfortable, confident, and therefore better."

■ 11) Do you feel that you need to explore this further?

~Yes, 31

~No, 7

~didn't answer, 9

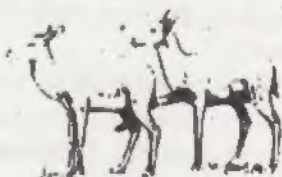
■ 12) How do you refer to your genitals?

~"Mr.. Happy, Privates, Special Place, Her, Sacred Yoni Blossom, One of my better assets, Down there, Nether regions, Junk, Goodies, Chipa  
Gretchen, Virginia, Willy, Box, My Thing, Pootane, Hole, Sacred Void, Jerry and the Pacemakers.

Cunt, 13	Cunt w/ Cock, 1	Boy Cunt, 1
Clit, 7		
Pussy, 6	Pussy w/ Cock, 1	Dick, Ass & Pussy, 1
Vagina, 9	My Vagina, 1	
Vulva, 3	Yoni, 2	There, Yes, Me, 1
(My) Cock, 5	Kok, 1	Girl Cock, 1
Penis, 7	Tiny Penis, 1	
Dick, 3	Balls, 1	I don't, 2

■ 13) In what terms do you refer to 'male' genitalia, 'female genitalia'?

<u>'MALE'</u>	<u>'FEMALE'</u>	<u>ANDROGYNOUS</u>
Penis, 21	Pussy, 15	One of my better assets,
Cock, 20	Cunt, 18	Down there,
Dick, 11	Vagina, 14	Nether regions,
Oh My god, 1	Clit, 3	Inside,
Mr, Winky, 1	Chipa, 1	The Bump,
Balls, 3	Girl Cock, 1	Crotch,
Testicles, 1	Box, 1	Privates,
Prick, 1	Ya know, The Thing	Special Place,
Dangler, 1	Lips, 1	Cooch, Coochy,
Sacred Rod, 1	Clitoris, 2	Way Cool,
Pee Pee, 1	G-Spot, 1	Junk,
Wee Wee, 1	Slit, 1	Goodies,
Lingam, 1	Yoni, 5	Package,
The beast, 1	Vulva, 1	Unit,
One Eyed Wonder Worm, 1		Uglies



# Breast Augmentation

## A Youthful Alternative





## Female Ejaculation & The G-Spot

Surfing the more adult part of the net, why is it that it's so hard to find images of women actually enjoying their own sexuality? How often have you come across an image showing an actual female orgasm?

It seems the porn industry as a whole, busy as it is exploring every imaginable and unimaginable fetish, has forgotten a few rather fundamental basics - it's so caught in it's own traditions and conventions. Sure, you're likely to bump into some really weird stuff if you dig deep enough - nothing lacking on the artificial side, but what about ~~new angles~~ and ideas regarding real sex? Real sex, real excitement (especially female excitement) just doesn't seem to be an issue. Would it sell less? I don't think it would, since I know for a fact that many prefer to see the real thing rather than watching Ken ritually ejaculating in Barbie's tired face.

I personally would have Barbie shooting in Ken's face if anything, that would at least prove a bit interesting. And I'm not talking watersports here

The concept of female ejaculation (FE) is a sadly forgotten one in this enlightened society of ours. Ancient civilizations recognized and celebrated this phenomenon, and even today there are so called third-world cultures where the young woman is initiated into the art of ejaculating. But let's say an alien visitor was to conduct a study on modern human sexuality, based on what visual material he found on the internet, the great pool of knowledge, where most things are supposed to be revealed... My bet is that he would be likely to miss FE altogether. There is a chance he'd stumble upon the alt.binaries.female-ejaculation newsgroup, but he would probably conclude that the female face is a reproductive organ, judging from the images found there.

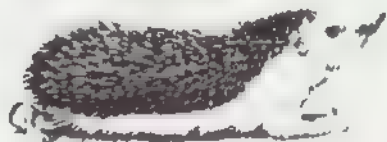
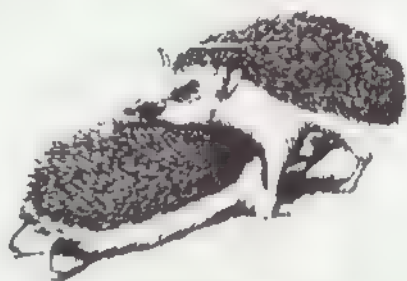
## | the missing fetish

However, if you know what to look for, eager investigations may prove fruitful, but not abundantly so. The FE images are hardly ever artistic - the files are small, and usually badly focused directly between the woman's legs. Not at all depicting a major sexual event, or the pleasure of it... Nor is there much of scientific value to be found...

I recently came across a commercial website, CyberNet Sex, devoting an entire category to female ejaculation, FAQ included. This is highly unusual indeed. The stills were small and of pretty poor quality as usual, but some of the videoclips were quite good, if yet somewhat short. Especially one caught my interest - a girl in full figure on a bed, frantically masturbating herself to orgasm, erupting a virtual fountain, arching it four feet across the bed. A spectacular scene. If anyone has any doubts regarding the existence of female ejaculation, then this site is a good place to cast those doubts away.

This place also serves as an illustration of the fact that the cinematographers have more readily recognized the erotic potential in female ejaculation, leaving the still photographers hopelessly behind. It is my hope that this sad fact will be remedied as FE continues to work it's way back into the collective consciousness, and that there will be a much stronger focus on female pleasure in the future world of erotica.

- ▲ Courtship and sexual activity between female Long-eared Hedgehogs: sliding (above), arching posture (middle), and cannibalism.



how.to

# Hit Your G-Spot + Ejaculate!

by Rachel Venning

You have a G-spot. Every woman does. It is not a holy grail, a hidden treasure, or one of the lost tribes of Israel! It is simply a small, spongy clump of tissue containing glands and nerve endings. It's wrapped around the urethra and gets firmer and filled with fluid when a woman is aroused. Some of us ejaculate when the G-spot is stimulated, most don't. Here are some tips to help you hit the bull's-eye.

## 1. Position is everything.

Imagine your vulva is a clock and your clitoris is high noon. Recline in a comfortable position and dip a finger or two in your vagina. Curl them up toward 12 and feel a few inches up the vaginal wall for a coarser and bumpy texture. Voilà! Your G-spot. The lengths of our clitoris and our fingers vary so it may be too far up to reach yourself. Use a dildo or ask a friend to help. The nerves there are only sensitive to pressure, so they respond more to a steady rhythmic fucking-type motion than a stroking and gentle touch.

## 2. Pee first.

The sensation of being about to ejaculate feels a lot like having to pee. So before

serious fucking or G-spot exploration, make it a point to empty your bladder.

## 3. Work that cunt.

Well-toned pelvic muscles make your orgasms stronger, so work out! Clench and release those cunt muscles. Do a set, just like at the gym. You can do it anywhere—it makes waiting in line way more fun.

## 4. The masturbation curve.

Masturbate using a curved dildo to get the G-spot. The Crystal Wand is an S-shaped toy made just for this purpose. Or try the famous Hitachi Magic Wand with a G-spotter attachment.

## 5. Come a lot.

As you devote into that shanking, wailing bliss of a sex pig that most of us love to be and your self-control slips away, you're more likely to let that stream squirt.

## 6. Read a book.

*The Good Vibrations Guide to the G-spot* is a superbly informative and encouraging book on the subject. Or check out the time-honored classic video *How to Female Ejaculate*. Both are chock-full of inspiration.

## 7. Go downtown.

Go down on your lover. Then slide a few fingers in and curl them up as if to scratch your tongue from inside her. Press firmly with both tongue and fingers to squeeze that G-spot. The moment of reckoning may soon be at hand. Will you spit or will you swallow?

## 8. Pull out to shoot.

The bulk of a big dildo or even fingers can block off the urethra so that even though your body is ready to come, somehow it can't. So get out of the orgasm's way. This may take some practice if you have a strap-on in your lover's vagina. Hopefully she'll let you know. Remember: practice makes perfect!



## 9. Try the back door.

The wall between the rectum and the vagina is thin, so if you angle your hand or dildo the right way you can stimulate her G-spot through her asshole. This move wins bonus serpent points.

## 10. Get a plastic sheet.

Some girls don't just dribble out a few squonkful or two, they produce major mattress drenching quantities, so be prepared.

## 11. Fuck hard.

G-spot stimulation and ejaculating orgasms happen a lot more with that pounding "I'm gonna give it to you so hard that your teeth will rattle, your will eyes roll, and you'll be begging Jesus for mercy" type sex than with anything else.

## 12. Vibrate that clit.

Use a vibrator on the clitoris at the same time. The steady hum combined with rhythmic penetration is just the ticket for a ride on the water slide.

## 13. Have fun.

Don't set female ejaculation up as a hurdle that you need to jump to establish yourself as a postmillennial dyke sex superstar. It ain't for everybody. And if you don't make a big wet mess, there'll be that much less laundry to do.

Rachel Venning is the cofounder of Toys in Babeland, the infamous dyke-run sex toy store, and the editor of babeland.com, an online resource for sex education, information, and toys.

### THE G-SPOT. WHAT IS IT? WHY IS IT?

Based on the small number of women studied, it seems that the G-spot is physiologically analogous to the male prostate. The fluid women ejaculate has been found to be chemically similar to male prostatic fluid. Many women report it to be clear and flavorless or even slightly sweet. Some say it varies considerably in both taste and quantity. A lot of research remains to be done. The G-spot may be vestigial from another evolutionary moment. Or perhaps it's what we're evolving towards (Heather has two biological mommies?). For now, its function is pleasure.



## Part 4~~~~'Female' Ejaculation

- 1) Have you experienced 'Female Ejaculation'?
  - ◆ Yours Y, 19 N, 25
  - ◆ Someone else's Y, 27 N, 14
- 2) How many separate times did you experience this?
  - ◆ Once, 3
  - ◆ a few times, 9
  - ◆ many times, 21
- 3) Describe Ejaculate appearance.
  - ◆ Watery, 22
  - ◆ Creamy, 9
  - ◆ Urine-like, 4
  - ◆ "It was in the hot tub, so I don't know appearance, amount, or quantity.
  - ◆ Salty, 1
  - ◆ Smooth, silky, 1
  - ◆ I didn't see it.
- 4) Did it come out in a:
  - ◆ Ooze, 1
  - ◆ Dribble, 11
  - ◆ Spurt, 6
  - ◆ Squirt, 10
  - ◆ Gush, 16
  - ◆ Flood, 8
  - ◆ Varies, 6
- Regarding Volume:
  - ◆ Drip, 4
  - ◆ 1 tsp, 5
  - ◆ 2 tsp, 3
  - ◆ 1 Tbsp, 10
  - ◆ 3 Tbsp, 4
  - ◆ 1/4 Cup, 4
  - ◆ 1/2 Cup, 3
  - ◆ 1 Cup, 3
  - ◆ 2-3 Cups, 2
  - ◆ Quart, 1
  - ◆ Gallon, 1
- Did you find this to occur :
  - ◆ Before Orgasm, 7
  - ◆ During Orgasm, 15
  - ◆ After Orgasm, 8
  - ◆ Varying, 6
  - ◆ Rarely during, 1
  - ◆ "I'm too busy to notice when."
- This was:
  - ◆ Once, 1
  - ◆ Seldom, 7
  - ◆ Usually, 4
  - ◆ Frequent, 7
  - ◆ Always, 3
  - ◆ Intentional, 10
  - ◆ Accidental, 8
  - ◆ Often, 1
  - ◆ Varying, 3

■ **Please describe actions that inspire ejaculation**

- ◆ **“Clitoral stimulation.”**
- ◆ **“Sometimes just working my clit can make me gush. Yay.”**
- ◆ **“I was enjoying myself.”**
- ◆ **“Clit & G-Spot stimulation w/ hands, vibrator, or penis; A penis usually gets me off unless it is really shallowly penetrating.”**
- ◆ **“Fucking for a long time & G-Spot attention.”**
- ◆ **“One person had a specific spot, when I touched there, it inspired ejaculation.”**
- ◆ **“It happened to my Trans-boyfriend while i was sucking his cock.”**
- ◆ **No Idea, Sometimes it just happens.”**
- ◆ **“Oral sex, Tantra style, for a long time.”**
- ◆ **“Fisting, Clit Vibrator, Hard fucking.”**
- ◆ **“Pornography & Drinking.”**
- ◆ **“Can’t induce it, It just happens.”**
- ◆ **“Only Hot tub jets do it for me.”**
- ◆ **“I think I’ve always done it, though I wasn’t trying. In me it’s pretty random, I haven’t found a pattern yet.**
- ◆ **“With one certain lover in particular, any orgasm would do it; but a combination of clitoral and G-Spot stimulation usually worked best.”**
- ◆ **“Beautiful women that love constant sex for long time frames (20-45 minutes) being able to immediately know what they need to ejaculate. Extreme foreplay, is essential to good sex.”**
- ◆ **“Being really turned on & with precisely timed thrusting.”**
- ◆ **“Using a strong vibe for a long time; Masturbating w/ vibe after a period of abstinence: hard deep fucking, Especially when I am extra excited.”**
- ◆ **“Fisting, fucking with legs held over persons’ shoulders.”**
- ◆ **“Masturbation, Fantasies, Hard Fucking, Intense when coupled with thrust and good foreplay.”**

- ◆ "My girlfriend did it with G-Spot stimulation, I've don't it during orgasm without direct G-Spot stimulation."
- ◆ "Arousal before direct clit stimulation, then tongue is best for stimulation."
- ◆ "It seems to happen randomly. Usually in more exciting encounters."
- ◆ "Some: you touch them and the gush like a waterfall. Some you fuck them and you can feel their stuff, and you fuck them real hard. Sometimes it feels like something fills up like a water balloon and you know it's gonna happen."
- ◆ "first inner thighs touched, then lips, and a wet finger playing inside the lips."
- Other notable details:
  - ◆ No scent, Mild flavor
  - ◆ Fun, fun, fun!
  - ◆ "The fucker knew before the ejaculator knew."
  - ◆ "Wow! Very bitter taste! Unfortunately it only happened once."
  - ◆ "Wonderful!"
  - ◆ "I'm always surprised!"
  - ◆ "A good dose of fantasy helps too. And unfortunately, alcohol helps me feel it more when I;m with another person."
  - ◆ "I think that the G-Spot and female ejaculation are over rated and anti-climactic to me. It's been great, but not a big deal."
  - ◆ "It's really neat and I like it."
  - ◆ "Yay! I love female ejaculation & female ejaculators love me!"



Fuego  
(For Jenn)

She's a brightly burning fire  
radiating a kind of heat and warmth  
a contained purity  
balance and passion  
supremely alive  
illuminating the dark places  
with assuring orange light

A kindness and softness  
above a full-blazing flame;  
strong, complete, determined  
but resoundingly life-giving  
life-affirming

She's in love, in life at once  
and always  
setting fire to the ground she touches  
the earth beneath her beckons  
for that spark (ignite the world...)  
opening life up, purifying with a look & touch.  
The scorched path is renewed  
transformed, consummated with warmth  
and liberated  
from all limitation

A blaze, she is—fiery and true  
solid, formless, changing shape  
shifting and enlivening  
all within her reach  
and beyond.  
She consumes life, and life inhales her  
they feed each other in a dance:  
a loving, breathing ever-embrace  
joyful, grounded  
and on fire...

—George Joyce

MOON HOLDING WATER

Mendocino sky is grey  
and thick with moisture  
A foghorn engulfs my sleep  
with its deep, persistent moan

I know the moon is full  
the way I am tossed  
from one feeling  
to another

Drawn in, then out  
of my body

You roll to me, slide your hand  
between my legs still wet  
Desire surges  
breaks and pools  
on damp white sheets

The moon swells, spills,  
impossible to contain her

*Amber Coverdale Sumrall*

eleven

You said  
*I'll always be there*  
and you are.

Sometimes  
the distance  
that you keep  
is as difficult  
for me to bear  
as proximity would be  
to anyone I didn't care for.



## Elemental

Before moonrise, black velvet  
night is sprinkled with  
a sequin band of stars  
above the canyon, constellations  
of late summer stitched  
over the hazy strip of Milky Way.

Black air melts into black  
river and dark outlines of rock-  
shapes so familiar in the light.

The current's gentle flow  
is a caress I enter,  
part of water, part of sky,  
feel the silken stroking of  
cool watery fingers on  
my breasts and thighs.

I swim across, press close  
against dark rock's worn facets,  
slide my hands exploring  
over curved planes, into cracks,  
within the smooth and slippery surface,

allow my toes and knees  
to sink into the shallow  
bottom sand, warm to my  
receptive skin, now river cooled.

My eyes see only stars and shadows,  
as my searching touch knows my own  
softness, lightless liquid river,  
firm textures of sand and rock.

I come into the river while  
the river enters me,  
marriage of rock and water,  
air and stars, meeting me in  
elemental union.

## 3 movements

morning  
harvesting your nectar  
is my favorite  
task  
just dip down  
until I taste  
horizon on my  
tongue  
brilliant  
as mumia's liberation

noon  
(Short fisting hallelujah)  
girl,  
when you  
come  
I swear I  
feel god  
squeezing  
my  
hand

night falling  
over this city  
in 3 shades of  
blue. sky is  
open as our legs  
some nights/ I arch  
my neck  
let air sit  
on my face  
-Letta Neely



# Donk - Tantric

## Female Ejaculation

### FEMALE EJACULATION IS ANCIENT

Though Aristotle spoke eloquently of female ejaculation, and the western physician Galien dissected the paraurethral gland in the 14th century, the eastern religion of Tantra elevated it to an art and a sacred ritual. The picture (at right) is from their temple at Khajuraho, India.

They believed that sexual energy is the source of life, and that this energy is carried through the body as breath, setting every nerve on erotic fire. They developed hours-long rituals of enhanced techniques and postures to heighten the senses to their fullest. Their goal was to have long, extended orgasms that transport the couple in union to an altered state. Sex to them was like a prayer.

There is much we can borrow from Tantra in learning to awaken our g-spot and produce ejaculate. Because the g-spot is a prostate gland, it is highly sensitive, as most men can attest to. Some Tantra body workers argue that the g-spot stores sexual trauma, much like our body stores painful emotional events in tense muscles. G-spot massage techniques release this tension and its pent up emotion, thereby healing the area and restoring it to its original state of ultra sensitivity. The video, Tantric Journey to Female Orgasm, shows the first ever g-spot massage.

The Tantra practice of *slowing way down* to heighten one's erotic pleasure can provide deeper levels of intimacy with your loved one. Sitting on your partner's lap in intercourse while gazing into each other's eyes with the sole intent of making it last as long as possible, provides the kind of stimulation and security that encourages many women to ejaculate freely and copiously.



## Orgasmic Gushing: where does the fluid come from and how is it produced?

**Abstract:** *Orgasmic Gushing where does the fluid come from and how is it produced?*, G.M. O'Brien, *Theor Physiol 3 draft* (2000). There are three sexual fluids from women: lubrication (e.g. transudation of fluid across the mucosa of the vagina, and mucus from the greater vestibular glands); female ejaculation (from paraurethral glands); and gushing. Orthodox western medicine and physiology does not yet have a standardized description or explanation for the third, gushing. The present paper proposes that the gushing fluid is a filtrate of plasma, produced by the mechanism known as transudation. This is an additional application for the transudation mechanism, after the well accepted roles in lubrication of the vagina, and in generating serous fluids. The present model proposes that the fluid released in a gush arises from the vaginal wall of the vagina due to the presence there of increased surface area of mucosa, dilated arterioles, pressurized venous and lymphatic plexuses, and compression provided by muscle contraction during orgasm. **Keywords:** orgasm, vagina, gushing, female ejaculation, sex fluids.

Some cultures recognize three sexual fluids from women including for example Tao Zen writers Chia and Chia (1986 pp. 51-52), or Trukese and other Micronesian cultures described in works cited by Sevely (1987, p 68). Orthodox western medicine and physiology recognize two of these sexual fluids. The first, lubrication, consists of mucous secretions from the greater vestibular (formerly Bartholin's) glands and transudation of fluid across the mucosa of the vagina. The second, termed female ejaculation, consists of secretions from the paraurethral (formerly Skene's) glands released through the urethra and paraurethral ducts to the vulva at sexual climax in some women. The third is known in some circles as gushing.

Gushing is described as thin, watery fluid, with little or no colour, taste, smell or residue. The volume released seems to vary between a few drops, to tens of millilitres to a seemingly limitless volume (Sevely e.g. 126 mL, p.92). The release may occur just once during a coital session, or may occur repeatedly with a series of climax events. When large quantities are released repeatedly some women report indications of dehydration symptoms. The fluid may be released in a gush, that may be projected away from the body in a spurting stream, or may flow, seep or trickle without force. As with female ejaculation, gushing does not occur in all women, and in those who do report the phenomenon it does not occur during all sessions of intercourse i.e. it is an irregular and unpredictable biological event.

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• **ANIMA** • by Tool

- corporation enema \* by royal crescent mob
- enema party \* by suck naked & The rare bottomed boys
- enema abortion \* by bowel (from the album rotten fecal suck)
- enema freak \* by a-Trance
- enema karaoke \* by rareFoot hockey coals



- enema picnic • by dead youth
- enema • by parts
- mezoal enema dub • by not breathing
- mind enema • by sid & olife
- primitive enema • by butt trumpet
- public enema number one • by iron maiden
- salute to the enema bandit • by air
- Teenage enema nurses in bondage • by killer pussy
- The legend of the illinois enema bandit • by frank zappa
- Promentalahibackwashpsychosis enema squad (the noo noo chasers) • by frankadellie

## Part 5—On 'Female' Erectile Tissue/ Internal Pleasure

- 1) Have you experienced and 'Female' erectile tissue inside the vagina?
  - ◆ Yes, 18    1-3inches, 4    3-6inches, 2    The G=Spot?, 7
  - ◆ No, 24
- 2) Please describe location and attributes:
  - ◆ "I don't know what you mean."
  - ◆ "Yes, I've felt what I believe was a G-Spot. I don't know if it was erectile tissue. It didn't grow."
  - ◆ "Yes, I'm not sure, there is swelling and firmness sometimes."
  - ◆ "Yes, entire vaginal canal."
  - ◆ "Huh?"
  - ◆ "I've never heard about this before."
  - ◆ "Not sure."
  - ◆ "Yes. Large areas feel erect right before orgasm."
- 3) Where in your internal orifice do you feel pleasure?
  - ◆ Vaginal
    - ✦ "Pretty much the whole thing."
    - ✦ "Vaginal feels pretty good."
    - ✦ "Pleasurable mostly 1-3 inches deep."
    - ✦ "Pressure 2-3 inches deep, only when aroused."
    - ✦ "Pleasure, pleasure."
    - ✦ "All over, all the time, baby!"
    - ✦ "Vaginal, Anal, everywhere! But not deep anally"
    - ✦ "1-4 inches deep all around; 4-6 inches deep, on the back wall."
  - ◆ Anal
    - ✦ "Anal fucking feels good to 5 inches, then painful."
    - ✦ "Anal pleasure 1-6 inches deep, I like."
    - ✦ "This can be upsetting for me."
    - ✦ "Pressure and stroking are painful."
    - ✦ Vaginal & anal pressure is pleasurable all over.

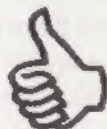
- ◆ “Both vaginal and anal pressure and stroking feels good 2 inches deep.”
- ◆ “Pleasurable mostly 3-6 inches deep.”
- ◆ “Vaginal, pleasurable, 1-3 inches deep.”
- ◆ “I feel pleasure on the front, top 1-3 inches deep.”
- 4) Do you find pressure/stroking pleasurable/painful around/upon the cervix?
  - ◆ “It’s pleasurable but on the boarder of pain if there is no clitoral stimulus.”
  - ◆ “I find light impact with a dildo/penis awesome.”
  - ◆ Light pressure is pleasurable, hard pressure is uncomfortable.”
  - ◆ “It doesn’t feel good there.”
  - ◆ “Gently, yes for stroking, Pressure is always good.”
  - ◆ “I like pain but cervix is just awkward.”
  - ◆ “Cervix=pleasure.”
  - ◆ “It varies with partners.”
  - ◆ “Painful @ cervix, pleasurable an inch in front of it.”
  - ◆ “Poking is painful.”
  - ◆ “Pressure & stroking is painful around and upon the cervix.”
  - ◆ “Yes, it feels like a papsmear.”
  - ◆ “Yes, with a penis when it presses rhythmically
  - ◆ “If I’m having multiple orgasms, the pain is pleasurable, otherwise it’s bad pain.”
  - ◆ “Painful around the cervix.”
  - ◆ :Uncomfortable- like I’m @ the DR’s office. UGH.”
  - ◆ “Depends.”
  - ◆ “Not sure.”
  - ◆ “Mostly painful.”
  - ◆ “I don’t really like it.”
  - ◆ “Yes, but gently.”
  - ◆ “It can be pleasurable, painful, or pleasurable pain.”

## **Part 6 ~ 'Finishing Up'**

- Is there anything you would like to tell me regarding Prostate/G-Spot Pleasure that I have not asked?
  - ◆ "Do other Trans men experience non G-Spot stimulated ejaculation?"
  - ◆ "I don't have a lot of experience with prostate stimulation directly. Only a few partners have done it to me. It's something I'd like to explore further."
  - ◆ "At age 22 (1987) I prayed to the Goddess to change me. I was male and I'm currently non-female awaiting surgery. She said, "Change yourself!" I placed a crystal ball on my Yoni spot and felt a 'female' orgasm! Only this one. Since then I have been able to give myself orgasms simply by squeezing my Kegal muscles, or through pressure. Sometimes I have 30-40 in a session. I hope that i can continue this pleasure after gender reassignment surgery. My doctor assures me that I will."
  - ◆ "Prostate...Stimulate it and I will cum over + over + over...Multiple orgasms + cum w/ more prostate stimulation, more cum."
  - ◆ "I love the texture of a swelling G-Spot!"
  - ◆ "Prostate stimulation is the only way i can cum quickly, otherwise i have a long, slow fuse."
  - ◆ "I like both give and receive, but ejaculation is one of many sexual variations that i enjoy."
  - ◆ "I started masturbating when I was very young and didn't know what masturbation or sex was. It felt dirty at first and more gross than pleasurable but I kept doing it anyway. Then it became more pleasurable when i was a little older. By the time I became sexually active with others, my orgasms were less intense."
  - ◆ "I have only experienced female G-Spot pleasures that have left me in love with the Yoni."
  - ◆ "I can feel my G-Spot at a very particular area but getting fucked in general makes me come so much faster than anything, I don't know if it has to with my G-Spot or what."
  - ◆ "I can't ejaculate with out a hot tub! Is there any other way?"
  - ◆ "No one has ever been able to find it as well as I can. Bummer! Should I draw a map? The communication has never seemed to work right whether a woman or man."
  - ◆ "I haven't ever experienced it, but I'd like to find out more."



- ◆ "Sometimes it doesn't work at all. It never works with just touching alone, must have visuals."
- ◆ "Sorry I didn't have more Info/experience/opinion."
- ◆ "Lube + practice + achievable goals."
- ◆ "The place between anus opening and penis is nice to stroke. My clit is desensitized but I get orgasms from watching porn-rubbing on top of jeans."
- Were there any Questions that you found offensive/ inappropriate/ alienating?
  - ◆ "I didn't see the relevance of what my terms for genitals are. I can imagine you trying to correlate experience with inhibited term usage', and if I'd be wrong. Some of my terms are from my partner."
  - ◆ "No.", 3
  - ◆ "I haven't ever spoke of the topic so it's awkward for me."
  - ◆ "Absolutely not."
  - ◆ "The specific action thing."
  - ◆ "Alienating."
  - ◆ "No, but I'm pretty open. I don't really know anything about prostate stimulation. None of my male partners have been inclined to clue me in on it."
  - ◆ "Maybe I'll submit!"
  - ◆ "I question the personal questions paired with placement of address request for receiving the zine."
  - ◆ "Nah."
  - ◆ "NO :)"
  - ◆ "Yeah, sure. Anything multiple choice."
  - ◆ "I thought the questions were very well thought out."
- I plan to include photographic & literary Prostate / G-Spot erotica in the zine. If you know any artists / authors, please site them here. Submissions are welcome.
  - ◆ "Sure, E-mail me."
  - ◆ "Contact FTM International."



## This Body

This body of mine  
has danced till dawn,  
hiked to the mountain top  
and to river's edge.

It has rolled down sand dunes,  
swam in many oceans,  
skipped through spring meadows,  
basked in the sun.

It was a mermaid one Halloween  
Vampira another.

This body of mine has laughed so hard  
it almost cracked at the seams!

It rode a bicycle across the USA,  
and has carried backpacks to magical hidden places.  
It has strolled down ancient cobblestone streets,  
and fished for its dinner off a tropical island.

This body of mine loves to touch and be touched,  
kiss and be kissed,  
hold and be held.  
Sometimes it purrs like a cat in ecstasy.

So, if you think my stomach is flabby,  
my hips too wide,  
or my butt too big,  
You'll just have to go play  
with somebody else.

—Marcea Marcus

## Tryst

A double ringed moon  
shines through fog  
onto lovers

pressed  
against  
a sprawling oak.

Bodies stir slowly  
on cool bark

sap  
flowing.

—Susan Allison

## fifteen

If you like apples  
then I'll carry home an orchard.  
If sky is to your liking,  
I'll bundle up the skies of summer  
so you never need to know  
the winter evening anymore.

I like the fire  
and so I wait for winter nights.  
Apples I can take or leave...

Your body like your mind  
has need of going over  
and I intend to be a journeyman  
of your soft skin,  
for years to come.

## Conclusion

I'm glad I did this questionnaire. I've learned much along the way. If I were to do it again, I have many questions I'd add, and it seems that some questions might be best asked in an interview. I think that much of the results are valuable to witnessing some diversity of preference, and experience; however, I think what it mostly shows is the general lack of understanding of our own bodies. By far the majority of people that filled out this questionnaire had never thought extensively about the topic. Specifically, in Part 5, On 'Female' Erectile Tissue/ Internal Pleasure Question 1) Have you experienced and 'Female' erectile tissue inside the vagina? I think that every answer of "Yes" is mis-marked. The following question asks for clarification and the responses reflect a lack of understanding or experience regarding 'Female' Erectile Tissue;

Unlike the rest of the questionnaire responses, in which I have complete confidence that they reflect understanding and true representation of experience and preference.

Thanks again to all that filled out this questionnaire. It enables me to move forward in this very important area of research. ~ Liberty, 3/03

*Liberty asapp@yahoo*

A Female  
Olympic  
Marmot  
mounting  
another  
female



My Zines  
are printed  
on Tree-free  
Recycled  
Paper.